

EUROPEAN CURRICULUM VITAE FORMAT



PERSONAL INFORMATION

Name	KARI BØ
Work Address	Norwegian School of Sport Sciences, Dept of Sports Medicine P.B. 4014, Ullevål Stadion, 0806 Oslo, Norway
Home Address	Fjellhamar, Norway
Telephone	
E-mail	<u>kari.bo@nih.no</u>
Nationality	Norwegian
Date of birth	July 5th 1955

WORK EXPERIENCE

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|--|--|
| • Dates (from – to) | 2013-17 |
| • Name and address of employer | Norwegian School of Sport Sciences (NSSS) |
| • Type of business or sector | School of Sport Sciences |
| • Occupation or position held | Elected Rector |
| • Main activities and responsibilities | |
| • Dates (from – to) | 2002-13 |
| • Name and address of employer | Norwegian School of Sport Sciences (NSSS) |
| • Type of business or sector | School of Sport Sciences |
| • Occupation or position held | Professor Department of Sports Medicine |
| • Main activities and responsibilities | Professor, Ph.D, Exercise scientist, Physical therapist |
| • Dates (from – to) | 1999-02 |
| • Name and address of employer | Norwegian University of Sport and Physical Education |
| • Type of business or sector | |
| • Occupation or position held | Prorector/Vice chancellor |
| • Main activities and responsibilities | |
| • Dates (from – to) | 1997- |
| • Name and address of employer | Norwegian University of Sport and Physical Education, Dept of Exercise Physiology and Sport Medicine |
| • Type of business or sector | University |
| • Occupation or position held | Professor |
| • Main activities and responsibilities | |
| • Dates (from – to) | 1997-98 |
| • Name and address of employer | University of Oslo, Section for Postgraduate Studies in Health Science (20%) |
| • Type of business or sector | University |
| • Occupation or position held | |
| • Main activities and responsibilities | Associate professor |
| • Dates (from – to) | 1995-97 |
| • Name and address of employer | Norwegian Center for Physiotherapy Research |
| • Type of business or sector | Research |
| • Occupation or position held | Research director |

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| • Main activities and responsibilities | | |
| • Dates (from – to) | 1994-95 | |
| • Name and address of employer | Norwegian University of Sport and Physical Education, Dept of Exercise Physiology and Sport Medicine | |
| • Type of business or sector | University | |
| • Occupation or position held | Associate professor | |
| • Main activities and responsibilities | | |
| • Dates (from – to) | 1991-93 | |
| • Name and address of employer | Center for Research and Developement in Physical Therapy (20%) | |
| • Type of business or sector | Research | |
| • Occupation or position held | Senior project supervisor | |
| • Main activities and responsibilities | | |
| • Dates (from – to) | 1991-93 | |
| • Name and address of employer | Norwegian Research Council | |
| • Type of business or sector | Research | |
| • Occupation or position held | Associate professor | |
| • Main activities and responsibilities | Post docturate fellowship | |
| • Dates (from – to) | 1985-90 | |
| • Name and address of employer | Norwegian University of Sport and Physical Education, Dept. of exercise physiology and sport medicine | |
| • Type of business or sector | University | |
| • Occupation or position held | Research fellow/Lecturer/PhD/student | |
| • Main activities and responsibilities | | |
| • Dates (from – to) | 1981-85 | |
| • Name and address of employer | Akershus University hospital | |
| • Type of business or sector | University hospital | |
| • Occupation or position held | Head Physical therapist, Depts of internal medicine, obstetrics and gynecology and neurology. | |
| • Main activities and responsibilities | | |
| • Dates (from – to) | 1981 | |
| • Name and address of employer | Norwegian College of Ballet/Norwegian State Ballet at the Norwegian Opera | |
| • Type of business or sector | | |
| • Occupation or position held | Physical therapist/lecture | |
| • Main activities and responsibilities | | |
| • Dates (from – to) | 1980-81 | |
| • Name and address of employer | Norwegian University of Sport and Physical Education, Dept. of exercise physiology and sport medicine | |
| • Type of business or sector | | |
| • Occupation or position held | Research fellow | |
| • Main activities and responsibilities | | |
| • Dates (from – to) | 1978-1981 | |
| • Name and address of employer | *Physical therapist | |
| | -CP children | 1978 |
| | -Surgical and internal medicine depts.University hospital of Akershus | 1979 |
| | -Private institute | 1979-81 |
| • Type of business or sector | Private practise | |
| • Occupation or position held | | |
| • Main activities and responsibilities | Physical therapist | |

EDUCATION AND TRAINING

- Dates (from – to) 1975
- Name and type of organisation providing education and training The Norwegian University of Sport and Physical Education
- Principal subjects/occupational skills covered Basic course in sport and physical education (1 year)
- Title of qualification awarded

- Dates (from – to) 1977
- Name and type of organisation providing education and training College of Physical Therapy, Oslo, Norway
- Principal subjects/occupational skills covered Physical Therapy
- Title of qualification awarded Physical Therapy

- Dates (from – to) 1979
- Name and type of organisation providing education and training Norwegian University of Sport and Physical Education
- Principal subjects/occupational skills covered Sport and Physical Education
- Title of qualification awarded Bachelor degree. Exercise physiology/ sport medicine/ health promotion

- Dates (from – to) 1984
- Name and type of organisation providing education and training Norwegian University of Sport and Physical Education
- Principal subjects/occupational skills covered Thesis: "Body posture in a historical view"
- Title of qualification awarded Master of Science/Cand Scient

- Dates (from – to) 1990
- Name and type of organisation providing education and training The Norwegian University of Sport and Physical Education. Dept. of Exercise Physiology and Sport Medicine.
- Principal subjects/occupational skills covered Thesis: "Pelvic floor muscle exercise in treatment of female stress urinary incontinence. Methodological studies and clinical results"
- Title of qualification awarded Doctor of science (Ph.D)

PERSONAL SKILLS AND COMPETENCES

*Acquired in the course of life and career
but not necessarily covered by formal
certificates and diplomas.*

MOTHER TONGUE **Norwegian**

OTHER LANGUAGES

English

- Reading skills
- Writing skills
- Verbal skills

**SOCIAL SKILLS
AND COMPETENCES**

Living and working with other people, in multicultural environments, in positions where communication is important and situations where teamwork is essential (for example culture and sports), etc.

INVITED LECURER

***>262 invited key note speaker presentations for conferences, workshops and courses worldwide**

ORGANISATIONAL SKILLS AND COMPETENCES

Coordination and administration of people, projects and budgets; at work, in voluntary work (for example culture and sports) and at home, etc.

SUPERVISER

- *Have supervised 15 finished PhD projects/candidates and numerous master students
- *Current supervisor for several master and PhD students in sport sciences, gynecology and physiotherapy (PhDs: N=9)

NORWEGIAN ORGANISATIONAL WORK

- Norway's representative in the Nordic Planning Group for Scientific Conferences in Physical therapy 1991-
- Norway's representative in expert group in European Unions Network for Health Enhancing Physical Activity
- Vice president, Activity Council, Norwegian Council of Nutrition and Physical Activity, The Norwegian Ministry of Health and Social Affairs 1999-03/ Physical Activity Council 2004-08
- Vice president Subgroup for Women's Health, World Confederation of Physical Therapy (WCPT) 1999- 07
- Norwegian Council for Research in Higher Education 1999-01
- Head of Committee for Studies, Research and doctoral program, and International Affairs Norwegian University of Sport and Physical Education 1999-01
- Head of National Committee for Education in Sport Sciences 1999-01
- Vice president Norwegian Sport Physiotherapy group, Norwegian Physiotherapy Association
- Steering group of Section of Female Urology, European Association of Urology (EAU) 2000-
- Norwegian Research Council Program Committee for Clinical Research 2006-10

INTERNATIONAL ORGANISATIONAL SCIENTIFIC WORK

- * Planning Committee for Nordic Research Symposium in Physiotherapy,
- * Support Group for Nordic Ph.D students in Physiotherapy, NorFa, 1994-97
- * International Continence Society Standardization Committee Subcommittee on Prolapse and Pelvic Floor Dysfunction
- * Cochrane Collaborative review group on incontinence, 1995-
- * Peer Reviewer and technical expert Clinical Practice Guideline on Urinary Incontinence in Adults, Department of Health & Human Service, Agency for Health Care Policy and Research, (AHCPR) USA, 1994
- *Review Editor: International Continence Survey, 1991-
- *Section Editor: Rehabilitation: Neurourology and Urodynamics, 1994-
- *Associate Editor: Int J Urogynecology 1998-
- *Reviewer European Urology, 2001-
- *Reviewer Am J Obstet Gynecol, 2001-
- *Editorial board: Physical Therapy Reviews, 1996-
- *International advisory board J of Physiotherapy and Physiotherapy
- *Chairman International Continence Society and International Continence Society Annual Meetings, 1990-
- *International Continence Society Steering Committee, 1995-1997
- *International Continence Society Advisory Board
- *Editorial board: "Nordisk fysioterapi", 1997-
- *Member of ICS Pelvic Floor Clinical Assessment Group 1998-
- *Vice President Women's Health Subgroup World Confederation of Physical Therapy (WCPT) 1999-
- *World Confederation of Physical Therapy (WCPT) Evidence based practice Advisory Group
- *Appointed member of Professions Allied to Urology Office. European Association of Urology 2004-2008
- *Chair of ICS/IUGA Joint report group: Terminology Report on Conservative management of female pelvic floor dysfunction
- *Member of Science Europe's Medical Sciences Scientific Committee 2015-
- *Scientific Advisory Board National Institute of Health (NIH) grant 2015: "Bridging physical and cultural determinants of postpartum pelvic floor support and symptoms following vaginal delivery; short title: MAP: Motherhood and pelvic health". Grant holder: Ingrid Nygaard, professor University of Utah, Dept of Obstetrics & Gynecology, Salt Lake City, USA

**TECHNICAL SKILLS
AND COMPETENCES**

*With computers, specific kinds of
equipment, machinery, etc.*

**OTHER SKILLS
AND COMPETENCES**

Competences not mentioned above.

POSTGRADUATE COURSES

*Treatment of CP children, the Bobath method, London, 2 months 1980

*Research in Physical therapy 1980- 1981

*Research planning and statistics. MedStat. Center for administration, design and statistical analysis in medical research 1987

*Statistics

*Epidemiology

*Biomedical research University of Oslo

*Preventive health care

*Urology

*Urodynamic assessment 1986-1988

*Clinical sexology

*Surgery

*Urotherapy, Treatment, University of Gothenburg 1988

*Education for University faculty members; University of Oslo, Norwegian College of Sport and Physical Education, 1994

*In addition several postgraduate courses in physical therapy, sport medicine with emphasis of use of exercise in prevention, rehabilitation and treatment, movement science, project planning, research methods, media, and administration

DRIVING LICENCE(S)

ADDITIONAL INFORMATION

ANNEXES

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I authorize the processing of personal data, as provided by Italian Law 196/03 and REGULATION EU 2016/679.

Oslo, 20/05/2018

KARI BØ



ANNEXES

INTERNATIONAL VISITING FELLOWSHIPS

- *Visiting fellow, Stanford University, School of Medicine, Dept of Urology, California, USA, Jan-July 1990
- *William Evans Fellowship Visiting Professor, University of Otago, School of Medicine, Department of Obstetrics and Gynecology, Dunedin, New Zealand Febr. 1999
- *Windemere Fellowship. Visiting Professor, University of Melbourne, Australia (3 months) 2001- 02
- *The Ministry of Health, Visiting Professor, Singapore, Sept 2002
- *Visiting professor at the Technical University of Lisboa and University of Porto Sept 2011
- *Visiting professor at the George Institute for Global Health Sydney, Australia, Oct-Nov 2011
- *Visiting professor Bristol Urological Institute, Southmead Hospital, April, Bristol, UK 2012

UNIVERSITY COMMITTEES FOR DOCTORAL THESIS

- Leader of Ph.D committee Norwegian University of Sport and Physical Education: Per Morten Fredriksen: "Physical functioning in children and adolescents with congenital heart disease", Ph.D thesis 2000
- Member of Ph.D committee University of Maastricht, the Netherlands. Bary Berghmans: "Conservative treatment for women with stress incontinence and bladder overactivity", Ph.D thesis 2000
- Member of Ph.D committee University of Newcastle, Australia. Pauline Chiarelli: "Female urinary incontinence in Australia: prevalence and prevention in postpartum women". Ph.D thesis 2001
- Leader of Ph.D committee Norwegian University of Sport and Physical Education: Eystein Enoksen: "Utviklingsprosessen fra talent til eliteutøver. En longitudinell og retrospektiv undersøkelse av en utvalgt gruppe talentfulle friidrettsutøvere". Ph. D thesis 2002
- Leader of Ph.D committee Norwegian University of Sport and Physical Education: Grete Myklebust "Anterior Cruciate Ligament Injuries in Team Handball- from injury to prevention", Ph.D thesis 2003
- Member of Ph.D committee McGill University, Montreal, Canada: Chantale Dumolin: "Efficacite des traitements physiotherapiques pour l'incontinence urinaire d'effort chez la femme en periode postnatale", 2004
- Leader of Ph.D committee Norwegian University of Sport and Physical Education: Arni Arnason: "Injuries in football. Risk factors, injury mechanisms, team performance and prevention", 2004
- Oponent Kerstin Eliasson: "Urinary leakage and physical activity in young women", Karolinska Institutet , Stockholm 2005.
- Leader of PhD committee Norwegian School of Sport Sciences Trond Krosshaug: "Videoanalysis of the mechanisms of ACL injuries", 2006
- Oponent PhD thesis Marita L Harringe: "Swedish TeamGym- Injury incidence, mechanism, diagnosis and postural control" Karolinska Institutet, Stockholm, Sweden, 2007
- Oponent PhD thesis Sigrid Tibæk: "Pelvic floor muscle training in stroke patients". Faculty of Medicine. University of Lund, Sweden, 2007
- Leader of PhD committee Katrin Steffens: "Injuries in female youth football. Prevention, performance and risk factors". Norwegian School of Sport Sciences, 2007
- Oponent PhD thesis Marijke Slieker ten-Hove, Erasmus University, Rotterdam, The Netherlands 2009
- Leader of PhD committee Tone Bere: "Mechanics of injuries in World Cup alpine skiing" Norwegian School of Sport Sciences, 2013

RESEARCH GRANTS

- Norwegian Research Council; Stanford University, California, 7 mo 1990
- Norwegian Research Council: postdoc 1991-93
- Norwegian Research Council, grant for «The Norwegian Pelvic Floor Study» 1994
- Health and Rehabilitation: 3 year fellowship stipend 2005-07 for Ingeborg Hoff Bræken : "Pelvic floor muscle function and pelvic organ prolapse"
- Norwegian Research Council: 4 year full support 2010-13: The effect of postpartum pelvic floor muscle training in women with injured and non-injured pelvic floor muscles. A single blind randomized controlled trial. PhD stipendiat Gunvor Hilde
- Health and Rehabilitation. 3 year stipend 2012-14 Merete K Tennfjord: «Pelvic floor and sexuality; a cohort study of 300 primiparous women from 21 weeks of gestation to 12 months postpartum and a randomized controlled trial on pelvic floor muscle training starting at 6 weeks postpartum in prevention and treatment of pain and sexual dysfunction"

AWARDS

- * 1987 Award in "Research in Sport Medicine".
- * 1991 Astra Meditec Urology Award "Science in Urology"
- * 1997 Nycomed Pharma Award " Best presentation in Sport Medicine"
- * 1999 Award from the Norwegian Association for Urology "Science in Urology" for The Norwegian Pelvic Floor Study presented in BMJ

- * 2000 INKOforum Hungary award: In acknowledgement of her outstanding scientific achievements in the field of Incontinence
- * 2007 Life Long Achievement Honorary member of the Norwegian Physiotherapy Association Subgroup for Women's Health
- * 2008 Life Long Achievement Honorary member of the Brazilian Physiotherapy Association Subgroup for Women's Health
- * 2009 Award for best presentation and study. Haakstad LAH, Bø K: Effect of regular exercise in prevention of excessive weight gain in pregnancy: A single blind randomized controlled trial. Nordic Obesity Meeting (NOM), Soria Moria, Oslo 17-18 Sept, 2009
- *2010 Best researcher in public presentation of research, Norwegian School of Sport Sciences
- *2010 Best study in Urogynecology 21st European Congress of Obstetrics and Gynaecology. Antwerpen, Belgium 5-8 May 2010. Brækken IH, Majida M, Ellstrøm ME, Bø K: Morphological changes after pelvic floor muscle training measured by 3D ultrasound. Abstract number 074, page 59. 21st European Congress of Obstetrics and Gynecology. Antwerpen, Belgium 5-8 May 2010
- *2013 Conservative Management award at the International Continence Society Annual Meeting, Barcelona August 2013: Hilde G, Stær-Jensen J, Siafarikas F, Ellstrøm Engh, Bø K: Effect of postpartum pelvic floor muscle training on urinary incontinence in primiparous women with and without major pelvic floor muscle defects. An assessor blinded randomized controlled trial.
- *2014 Best non-surgical paper American Urogynecology Association (AUGS) / International Urogynecology Association (IUGA) Joint Meeting, Washington DC, Jul. Hilde G, Stær-Jensen J, Siafarikas F, Engh ME, Bø K: Does pelvic floor muscle training enhance pelvic floor muscle recovery after vaginal delivery? An assessor blind randomized controlled trial.
- *Award for one of 15 best studies ranked among 28.000 studies in the PEDro database 2014
- *2015 Mildred Elson Award. Highest award of World Confederation of Physical Therapy for international leadership in physical therapy.
- *2016 International Continence Society Lifetime Achievement Award for lifelong commitment and lasting contribution to the advancement of science, education, clinical practice or public awareness in the field of incontinence (including function and dysfunction of the urinary tract, bowel and pelvic floor)