

**EUROPEAN
CURRICULUM VITAE
FORMAT**



PERSONAL INFORMATION

Name	Siv Mørkved
Address	St. Olavs Hospital, N-7006 Trondheim, Norway
Telephone	+47 97146490
E-mail	siv.morkved@ntnu.no
Nationality	Norwegian
Date of birth	16.02.1958

WORK EXPERIENCE

- | | |
|---|--|
| <ul style="list-style-type: none">• Dates (from – to) | Current position |
| <ul style="list-style-type: none">• Name and address of employer | St. Olavs Hospital, Trondheim University Hospital/ Dept. of Public Health and General Practice, Norwegian University of Science and Technology (NTNU), Trondheim, Norway |
| <ul style="list-style-type: none"><ul style="list-style-type: none">• Type of business or sector | University Hospital/ University of Science and Technology |
| <ul style="list-style-type: none"><ul style="list-style-type: none">• Occupation or position held | Research director/ Professor |
| <ul style="list-style-type: none">• Main activities and responsibilities | Research director/ Professor |
| <ul style="list-style-type: none">• Dates (from – to) | 2005-10 |
| <ul style="list-style-type: none">• Name and address of employer | Norwegian University of Science and Technology, Trondheim, Norway |
| <ul style="list-style-type: none"><ul style="list-style-type: none">• Type of business or sector | University |
| <ul style="list-style-type: none"><ul style="list-style-type: none">• Occupation or position held | Associate professor |
| <ul style="list-style-type: none">• Main activities and responsibilities | Department of Community Medicine & General Practice |
| <ul style="list-style-type: none">• Dates (from – to) | 2005-10 |
| <ul style="list-style-type: none">• Name and address of employer | St. Olavs Hospital, Trondheim University Hospital Trondheim, Norway |
| <ul style="list-style-type: none"><ul style="list-style-type: none">• Type of business or sector | University Hospital |
| <ul style="list-style-type: none"><ul style="list-style-type: none">• Occupation or position held | Senior researcher |
| <ul style="list-style-type: none">• Main activities and responsibilities | Clinical service |
| <ul style="list-style-type: none">• Dates (from – to) | 2008- |
| <ul style="list-style-type: none">• Name and address of employer | St. Olavs Hospital, Trondheim University Hospital Trondheim, Norway |
| <ul style="list-style-type: none"><ul style="list-style-type: none">• Type of business or sector | University Hospital |
| <ul style="list-style-type: none"><ul style="list-style-type: none">• Occupation or position held | Research Director |
| <ul style="list-style-type: none">• Main activities and responsibilities | |
| <ul style="list-style-type: none">• Dates (from – to) | 2009- |
| <ul style="list-style-type: none">• Name and address of employer | Norwegian University of Science and Technology, Trondheim, Norway |
| <ul style="list-style-type: none"><ul style="list-style-type: none">• Type of business or sector | University |
| <ul style="list-style-type: none"><ul style="list-style-type: none">• Occupation or position held | Professor |
| <ul style="list-style-type: none">• Main activities and responsibilities | Department of Cancer Research and Molecular Medicine/ Department of Public Health & General Practice |

EDUCATION AND TRAINING

- | | |
|--|---|
| <ul style="list-style-type: none">• Dates (from – to) | 1977 |
| <ul style="list-style-type: none">• Name and type of organisation providing education and training | Norwegian University of Science and Technology, Trondheim, Norway |
| <ul style="list-style-type: none">• Principal subjects/occupational skills covered | Philosophical Exam |

- Dates (from – to)
- Name and type of organisation providing education and training
- Principal subjects/occupational skills covered
- Title of qualification awarded

1978
Norwegian University of Science and Technology, Trondheim, Norway

Psychology

- Dates (from – to)
- Name and type of organisation providing education and training
- Principal subjects/occupational skills covered
- Title of qualification awarded

1978
Norwegian University of Science and Technology, Trondheim, Norway

Pedagogic I

- Dates (from – to)
- Name and type of organisation providing education and training
- Principal subjects/occupational skills covered
- Title of qualification awarded

1979
Norwegian University of Science and Technology, Trondheim, Norway

Pedagogic II

- Dates (from – to)
- Name and type of organisation providing education and training
- Principal subjects/occupational skills covered
- Title of qualification awarded

1979-81
Statens Fysioterapihøgskole (BSc), University College of Oslo, Norway

Bachelors degree in Physical Therapy

- Dates (from – to)
- Name and type of organisation providing education and training
- Principal subjects/occupational skills covered
- Title of qualification awarded

1992-94
Faculty of Medicine, University of Bergen, Norway

Masters degree in Physiotherapy Science (MSc)

- Dates (from – to)
- Name and type of organisation providing education and training
- Principal subjects/occupational skills covered
- Title of qualification awarded

2003
Faculty of Medicine, Norwegian University of Science and Technology, Trondheim, Norway

Dr. philos. degree (PhD)

PERSONAL SKILLS AND COMPETENCES

*Acquired in the course of life and career
but not necessarily covered by formal
certificates and diplomas.*

MOTHER TONGUE

Norwegian

OTHER LANGUAGES

- Reading skills English, good
- Writing skills English, good
- Verbal skills English, good

SOCIAL SKILLS

AND COMPETENCES

Living and working with other people, in multicultural environments, in positions where communication is important and situations where teamwork is essential (for example culture and sports), etc.

PhD candidates

- Signe N. Stafne, NTNU "Effects of regular exercise during pregnancy in prevention of pregnancy-related diseases and complications during labour".
- Susan Saga, NTNU Analincontinence and obstipation among elderly living in nursery homes.
- Kathrine Rømme, NTNU "Anal incontinence – the hidden cost of reproduction"
- Hege Johannesen, NTNU "Prevalence of urinary and anal incontinence in primiparous women and effects of pelvic floor muscle training"
- Hilde Strøm Solberg, NTNU "The chronic patient"
- Riisa Hoffman, NTNU "Sexual function in women after pelvic surgery"
- Ingrid Volløyhaug, NTNU "Regelmessig trening av overvektige gravide: Innvirkning på urininkontinens, fekalinkontinens og urogenital decens"
- Blekken, Lene Elisabeth, NTNU "The effect of different educational programs for nursing home staffs according to nursing home patients' fecal incontinence, a three-arm parallel group trial."

Post doc candidates

- Torun Askim "Rehabilitation after stroke. Physical activity and motor function".
- Trine Moholdt "Regular exercise during pregnancy: Good for overweight women and their fetus/newborn?"
- Kari Anne Indredavik "Motor and cognitive skills after exposure to different intrauterine environment: a follow-up study of prematurely born children and children of mothers who have exercised regularly during pregnancy."

Principal project investigator

- 1991-1994: Controlled intervention study (n=198). Effect of pelvic floor muscle training postpartum in the treatment and prevention of urinary incontinence.
- 1998-2000: Randomised controlled trial (n=103). Effect of adding biofeedback to
- 1998-2002: Randomised controlled trial (RCT) (n=309). Effect of pelvic floor muscle training during pregnancy in the treatment and prevention of urinary incontinence and lumbopelvic pain.
- 1998-2000: Development of new applications of ultrasonography to visualise muscle activity.
- 2004-2007: RCT (n=80). Effect of pelvic floor muscle training after radical prostatectomy to treat urinary incontinence.
- 2006-2007: RCT (n=30). Effect of out-patient treatment of obesity.
- 2006-2007: RCT (n=100). Effect of acupuncture on labour.
- 2006-2010: RCT (n=860). Effects of regular exercise in pregnancy. Multicenter trial
- 2007- : RCT (n=40). Effect of vestibular rehabilitation. Multicenter trial
- 2008- : Prevalence of urinary and anal incontinence in primiparous women and effects of pelvic floor muscle training. Multicenter trial.
- 2009- : Anal incontinence – the hidden cost of reproduction (HUNT 3)
- 2010- : RCT (n=150). Regular exercise during pregnancy: Good for overweight women and their fetus/newborn?
- 2011- : Samhandling i primærhelsetjenesten.

International research cooperation

- Harvard Medical School and Harvard Pilgrim Health Care, Boston, USA and professor MD MPH Emily Oken
- University in Maastricht, Netherlands and associate professor Bary Berghmans
- Catholic University Curitiba, Parana, Brazil and Dr.M.Bendhack, MD PhD, Dr.V.Ferreira do Amaral, MD
- Mayday University Hospital, London, Great Britain and professor Abdul Sultan
- University of Leuven, Belgium and professor Marijke Van Kampen
- Karolinska Institutet Department of Neurobiology, Care Sciences and Society Division of Physiotherapy and associate professor Lena Nilsson-Wikmar.

**ORGANISATIONAL SKILLS
AND COMPETENCES**

Coordination and administration of people, projects and budgets; at work, in voluntary work (for example culture and sports) and at home, etc.

**OTHER SKILLS
AND COMPETENCES**

Competences not mentioned above.

Administration of people, projects and budgets as the Research Director at St.Olavs Hospital, Trondheim University Hospital

Administration of people, projects and budgets as the leader of the research group Reproductive Epidemiology and Women's Health

Administration of people, projects and budgets as the leader of several boards

Member of referee committees; PhD – thesis (8) and applications for scientific positions (7) University of Bergen, University of Tromsø, University of Oslo, NTNU
University of Melbourne, Australia

Editor books / Author book chapters

Bø K, Bergmans B, Van Kampen M, Mørkved S. Editors: Evidence based physiotherapy for the pelvic floor: Bridging research and clinical practice. Elsevier 2007:

- Pelvic floor and exercise science. Motor learning. Chapter 6
- Physiotherapy for fecal incontinence. Chapter 9.7.1
- Evidence for pelvic floor physiotherapy for urinary incontinence during pregnancy and after childbirth. Chapter 10
 - During pregnancy. Chapter 10.1
 - After childbirth. Chapter 10.2

Bø K, Bergmans B, Van Kampen M, Mørkved S. Editors: Evidence based physiotherapy for the pelvic floor: Bridging research and clinical practice. Elsevier 2014.

Mørkved S: Chapter 9. Physiotherapy to treat urinary incontinence in Helbostad J, Granbo R, Østerås H (editors): Physiotherapy in the elderly. Gyldendal akademisk 2007.

ADDITIONAL INFORMATION

I HAVE TRAINING IN PHYSIOTHERAPY AND PUBLIC HEALTH. MY RESEARCH HAS BEEN FOCUSED ON WOMEN'S HEALTH, MAINLY ON INTERVENTION STUDIES TO EVALUATE EFFECTS OF REGULAR EXERCISE TO PREVENT AND TREAT PREGNANCY-RELATED COMPLICATIONS. I HAVE THROUGH SEVERAL RANDOMISED CONTROLLED TRIALS (RCT) DOCUMENTED EFFECTS OF PELVIC FLOOR MUSCLE TRAINING TO PREVENT URINARY INCONTINENCE AND PELVIC GIRDLE PAIN IN PREGNANCY AND POSTPARTUM. OUR LARGEST TRIAL INCLUDING 860 PREGNANT WOMEN, ASSESSED EFFECTS OF EXERCISE IN PREGNANCY ON THE DEVELOPMENT OF GESTATIONAL DIABETES MELLITUS AND INSULIN SENSITIVITY. WOMEN IN THE TRIAL HAD BMI WITHIN THE NORMAL RANGE AND A HEALTHY ENDOCRINE FUNCTION AT THE TIME OF INCLUSION. WE HAVE FOLLOWED THE WOMEN AND THEIR CHILD FOR SEVEN YEARS. RECENTLY WE HAVE FINISHED ANOTHER RCT ASSESSING EFFECTS OF EXERCISE TRAINING IN PREGNANCY ON THE DEVELOPMENT OF WEIGHT. IN GENERAL ADHERENCE REPORTS SUGGEST THAT IT MAY BE DIFFICULT TO IMPLEMENT A TRAINING PROGRAM WITH MODERATE TO HIGH INTENSITY THREE TIMES PER WEEK OR MORE FOR PREGNANT WOMEN.

Publications: 51 scientific papers, 5 book chapters, 30 abstracts, 35 international lectures

BOARDS LEADER NORWEGIAN FUND FOR POSTGRADUATE TRAINING IN PHYSIOTHERAPY 2004-10

MEMBER OF THE EDITORIAL BOARD OF HELSEBIBLIOTEKET (2006-)

NATIONAL COMMITTEE FOR MEDICAL PUBLICATIONS FROM 2009 AND LEADER FROM 2013.

REFeree BRITISH JOURNAL OF OBSTETRICS AND GYNECOLOGY, ACTA OBSTET GYNECOL SCAND, LANCET, JOURNALS EUROPEAN UROLOGY, EVIDENCE BASED OBSTETRICS & GYNECOLOGY, EUROPEAN JOURNAL FOR OBSTETRICS AND GYNECOLOGY AND REPRODUCTIVE BIOLOGY, JOURNAL OF UROLOGY AND URODYNAMICS, NEUROUROLOGY AND URODYNAMICS, INTERNATIONAL JOURNAL OF UROGYNECOLOGY AND PELVIC FLOOR DISORDERS, TIDSSKRIFT FOR DEN NORSKE LÆGEFORENING

REFeree SAN DIEGO STATE UNIVERSITY, USA GRANTS MEDICAL RESEARCH COUNCIL, LONDON, STORBRITANNIA; MEDICAL RESEARCH COUNCIL, HONG KONG; ARTHRITIS RESEARCH CAMPAIGN, UNITED KINGDOM; THE HEALTH RESEARCH BOARD, IRELAND; MEDICAL RESEARCH COUNCIL, PORTUGAL, FRENCH NATIONAL RESEARCH AGENCY

ANNEXES

N. 1 LIST OF PEER REVIEWED PUBLICATIONS. LAST 5 YEARS

I agree to the handling of my personal data (REGULATION EU 2016/679)

Place Trondheim

Date 25/06/2019

Siv Mørkved

LIST OF PEER REVIEWED PUBLICATIONS. Last 5 years:

1. Stølevik SB, Stafne SN, **Mørkved S**. Validity of an physical activity monitor for monitoring energy expenditure/physical activity during pregnancy. *Acta Obstet Gynecol Scand*. 2011 Aug;90(8):903-7.
2. Moholdt TM, Salvesen KÅ, Ingul CB, Vik T, Oken E, **Mørkved S**. Exercise Training in Pregnancy for obese women (ETIP): Design and methods. *Trials*. 2011 Jun 17;12:154.
3. Songøygard KM, Stafne SN, Evensen KAI, Salvesen KA, Vik T, **Mørkved S**. Does exercise during pregnancy prevent postnatal depression? A randomized controlled trial. *Acta Obstet Gynecol Scand*. 2012 Jan;91(1):62-7.
4. Rømme K, Schei B, Rydning A, **Mørkved S**. Prevalence of anal incontinence among Norwegian women, a cross-sectional study (HUNT 3) conducted in Nord-Trøndelag County, Norway. *Neurourology and Urodynamics* 2011 ;Volum 28.(5): 815-16
5. Stafne SN, Salvesen P, Volløyhaug I, **Mørkved S**. Does a regular exercise program including pelvic floor muscle exercises prevent urinary incontinence in pregnancy? *Neurourology and Urodynamics* 2011 ;Volum 28.(5):941-42.
6. Stafne S, Salvesen KA, Romundstad P, Eggebø T, Carlsen S, **Mørkved S**. Regular exercise in pregnancy and prevention of gestational diabetes. A randomized controlled trial. *Obstet Gynecol*. 2012 Jan;119(1):29-36.
7. Stafne SN, Salvesen KÅ, Romundstad PR, Stuge B, **Mørkved S**. Does regular exercise during pregnancy influence lumbopelvic pain? A randomized controlled trial. *Acta Obstet Gynecol Scand*. 2012 May;91(5):552-9. Nilssen SR, **Mørkved S**, Overgård M, Lydersen S, Angelsen A. Does physiotherapist-guided pelvic floor muscle training increase the quality of life in patients after radical prostatectomy? A randomized clinical study. *Scand J Urol Nephrol*. 2012 Jul 2. [Epub ahead of print]
8. Stafne S, Salvesen K, Romundstad P, Torjusen I, **Mørkved S**. Does regular exercise including pelvic floor muscle training prevent urinary and anal incontinence during pregnancy? A randomised controlled trial. *BJOG*. 2012 Sep;119(10):1270-1280. doi: 10.1111/j.1471-0528.2012.03426.x. Epub 2012 Jul 17. PMID:22804796
9. Askim T, Indredavik B, **Mørkved S**. Physiotherapy after stroke. A survey of current practice after hospital discharge. *Physiotherapy Theory and Practice*. *Physiother Theory Pract*. 2012 Oct 25. [Epub ahead of print]
10. Rømme K, Schei B, Rydning A, H Sultan A, **Mørkved S** Prevalence of anal incontinence among Norwegian women: a cross-sectional study. *BMJ Open*. 2012 Jul 30;2(4). pii: e001257. doi: 10.1136/bmjopen-2012-001257. Print 2012.
11. Boyle R, Hay-Smith EJ, Cody JD, **Mørkved S**. Pelvic floor muscle training for prevention and treatment of urinary and faecal incontinence in antenatal and postnatal women. *Cochrane Database Syst Rev*. 2012 Oct 17;10.
12. Johannessen HH; Wibe A; Stordahl A, **Mørkved S**. Prevalence of anal and urinary incontinence in primiparas and impact on health related quality of life. *Neurourology and Urodynamics*. 2012; volum 31 (6). S. 1089-1091.
13. Lonnee-Hoffmann R, **Mørkved S**, Salvesen Ø, Schei B. Sexual function of partners to women with pelvic floor dysfunction. *Acta Obstetrica et Gynecologica Scandinavica*. 2012; volum 91. S. 107-108.
14. Lonnee-Hoffmann R, Salvesen Ø, **Mørkved S**, Schei B. Male sexuality and pelvic floor surgery of the female partner: a one year follow up study. *The Journal of Sexual Medicine*. 2012; volum 9.
15. Wik AK, **Mørkved S**, Rydning A. Anal incontinence and quality of life in patients treated with sacral nerve stimulation. *Neurourology and Urodynamics*. 2012; volum 31 (6). S. 1088-1089.
16. Saga S, Vinsnes AG, **Mørkved S**, Norton C., Seim A. Correlates of FI among Nursing Home Patients. *Neurourology and Urodynamics*. 2012; volum 31 (6). S. 915-916.
17. **Mørkved S**, Bø K. Effect of pelvic floor muscle training during pregnancy and after delivery on treatment and prevention of urinary incontinence.– A systematic review. *Br J Sports Med*. 2014;48(4):299-310. [Epub ahead of print]
18. Salvesen KA, Stafne SN, Eggebø T, **Mørkved S**. Does regular exercise in pregnancy influence duration of labor? A randomized controlled trial. *Acta Obstet Gynecol Scand*. 2014 Jan;93(1):73-9. doi: 10.1111/aogs.12260. Epub 2013 Nov 7. PMID:24102423
19. Boyle R, Hay-Smith EJ, Cody JD, **Mørkved S**. Pelvic Floor Muscle Training for Prevention and Treatment of Urinary and Fecal Incontinence in Antenatal and Postnatal Women: A Short Version Cochrane Review. *Neurourol Urodyn*. 2014;33(3):269-76. doi: 10.1002/nau.22402. [Epub ahead of print]
20. Johannessen HH, Wibe A, Stordahl A, Sandvik L, Backe B, **Mørkved S**. Prevalence and predictors of anal incontinence during pregnancy and after delivery: A prospective cohort study. *BJOG* 2014;121(3):269-79. doi: 10.1111/1471-0528.12438

21. Fjørtoft T, Grunewaldt KH, Løhaugen GC, Mørkved S, Skranes J, Evensen KA. Assessment of motor behaviour in high-risk-infants at 3 months predicts motor and cognitive outcomes in 10 years old children. *Early Hum Dev.* 2013;89(19):787-93. doi:pii: S0378-3782(13)00145-X. 10.1016/j.earlhumdev.2013.06.007. [Epub ahead of print]
22. Lonnee-Hoffmann R, Salvesen Ø, Mørkved S, Schei B. What predicts improvement of sexual function after pelvic-floor surgery? A follow-up study. *Acta Obstetrica et Gynecologica Scandinavica (AOGS)* 2013;92(11):1304-12.
23. Saga S, Vinsnes AG, Mørkved S, Norton C, Seim A. Prevalence and correlates of fecal incontinence among nursing home residents: a population-based cross-sectional study. *BMC Geriatr.* 2013 Aug 30;13:87. doi: 10.1186/1471-2318-13-87. PMID:24119057
24. Saga S, Vinsnes AG, Mørkved S, Norton C, Seim A. What characteristics predispose to continence in nursing home residents?: a population-based cross-sectional study. *Neurourol Urodyn.* 2014 Jan 28. doi: 10.1002/nau.22563. [Epub ahead of print] PMID:24470319
25. Johannessen HH, Mørkved S, Stordahl A, Sandvik L, Wibe A. Anal incontinence and Quality of Life in late pregnancy: A cross-sectional study. *BJOG.* 2014 21(8):978-87. doi: 10.1111/1471-0528.12643. [Epub ahead of print] PMID: 24589074
26. Johannessen HH, Wibe A, Stordahl A, Sandvik L, Mørkved S. Prevalence of new onset and persistent symptoms of anal incontinence in the first year after delivery. *AJOG* (submitted September 2014).
27. Lonnée-Hoffmann RA, Salvesen O, Mørkved S, Schei B. Male sexual function and pelvic floor surgery of their female partner: A one-year follow-up study. *Post Reprod Health.* 2014 Mar 17, 20 (2):55-61. [Epub ahead of print]. PMID:24879741
28. Rømmen K, Schei B, Rydning A, H Sultan A, Mørkved S. Risks of anal incontinence associated with cesarean section and vaginal delivery. *AJOG* submitted sept 2014.
29. Christiansen SC, Vanky E, Klungland H, Stafne SN, Mørkved S, Salvesen KA, Sæther M, Carlsen SM. The effect of exercise and metformin treatment on circulating free DNA in pregnancy. *Placenta.* 2014 Sep 23. pii: S0143-4004(14)00786-3. doi: 10.1016/j.placenta.2014.09.010. [Epub ahead of print] PMID:25282112
30. Helseth R, Salvesen O, Stafne SN, Mørkved S, Salvesen KA, Carlsen SM. Gestational diabetes mellitus among Nordic Caucasian women: Prevalence and risk factors according to WHO and simplified IADPSG criteria. *Scand J Clin Lab Invest.* 2014 Oct;74(7):620-8. doi: 10.3109/00365513.2014.928942. Epub 2014 Jul 1.
31. Lonnée-Hoffmann RA, Salvesen O, Mørkved S, Schei B. Self-reported pelvic organ prolapse surgery, prevalence, and nonobstetric risk factors: findings from the Nord Trøndelag Health Study. *Int Urogynecol J.* 2014 Oct 28. [Epub ahead of print]
32. Hellenes OM, Vik T, Stafne S, Salvesen KÅ, Løhaugen GC, Mørkved S, Evensen KAI. Does exercise in pregnancy affect neurodevelopment in early childhood?- A follow-up of a randomised controlled trial." *Acta Paediatrica. Acta Paediatr.* 2015 Mar;104(3):285-91. doi: 10.1111/apa.12890. Epub 2015 Feb 4.
33. Volløyhaug I, Mørkved S, Salvesen Ø, Salvesen KÅ. Assessment of pelvic floor muscle contraction with palpation, perineometry and transperineal ultrasound: a cross-sectional study. *Ultrasound Obstet Gynecol.* 2015 Aug 24. doi: 10.1002/uog.15731. [Epub ahead of print]
34. Ruifrok AE, Rogozinska E, van Poppel MN, Rayanagoudar G, Kerry S, de Groot CJ, Yeo S, Molyneaux E, Barakat Carballo R, Perales M, Bogaerts A, Cecatti JG, Surita F, Dodd J, Owens J, El Beltagy N, Devlieger R, Teede H, Harrison C, Haakstad L, Shen GX, Shub A, Motahari N, Khoury J, Tonstad S, Luoto R, Kinnunen TI, Guelfi K, Facchinetti F, Petrella E, Phelan S, Scudeller TT, Rauh K, Hauner H, Renault K, Sagedal LR, Vistad I, Stafne SN, Mørkved S, Salvesen KÅ, Vinter C, Vitolo M, Astrup A, Geiker NR, McAuliffe F, Poston L, Roberts T, Riley RD, Coomarasamy A, Khan KS, Mol BW, Thangaratinam S. Erratum to: Study protocol: differential effects of diet and physical activity based interventions in pregnancy on maternal and fetal outcomes: individual patient data (IPD) meta-analysis and health economic evaluation. *Syst Rev.* 2015 Jul 30;4:101. doi: 10.1186/s13643-015-0079-2.
35. Gustafsson MK, Stafne SN, Romundstad PR, Mørkved S, Salvesen K, Helvik AS. The effects of an exercise programme during pregnancy on health-related quality of life in pregnant women: a Norwegian randomised controlled trial. *BJOG.* 2015 Aug 12. doi: 10.1111/1471-0528.13570. [Epub ahead of print]
36. Volløyhaug I, Mørkved S, Salvesen KÅ. Association between pelvic floor muscle trauma and pelvic organ prolapse 20 years after delivery. *Int Urogynecol J.* 2015 Jul 22. [Epub ahead of print]
37. Johannessen HH, Wibe A, Stordahl A, Sandvik L, Mørkved S. Anal incontinence among first time mothers - What happens in pregnancy and the first year after delivery? *Acta Obstet Gynecol Scand.* 2015 Sep;94(9):1005-13.
38. Blekken LE, Nakrem S, Gjeilo KH, Norton C, Mørkved S, Vinsnes AG. Feasibility, acceptability, and adherence of two educational programs for care staff concerning nursing home patients' fecal incontinence: a pilot study preceding a cluster-randomized controlled trial. *Implement Sci.* 2015 May 23;10:72. Volløyhaug I, Mørkved S, Salvesen Ø, Salvesen KÅ. Forceps is associated with increased risk of pelvic organ prolapse and muscle trauma: a cross-

- sectional study 16-24 years after first delivery. *Ultrasound Obstet Gynecol.* 2015 Apr 29. doi: 10.1002/uog.14891. [Epub ahead of print]
39. Blekken LE, Vinsnes AG, Gjeilo KH, **Mørkved S**, Salvesen Ø, Norton C, Nakrem S. Effect of a multifaceted educational program for care staff concerning fecal incontinence in nursing home patients: study protocol of a cluster randomized controlled trial. *Trials.* 2015 Mar 1;16:69. doi: 10.1186/s13063-015-0595-3.
 40. Volløyhaug I, **Mørkved S**, Salvesen Ø, Salvesen K. Pelvic organ prolapse and incontinence 15-23 years after first delivery: a cross-sectional study. *BJOG.* 2015 Jun;122(7):964-71. doi: 10.1111/1471-0528.13322. Fjærtøft T, Grunewaldt KH, Løhaugen GC, **Mørkved S**, Skranes J, Evensen KA. Adaptive behavior in 10-11 year old children born preterm with a very low birth weight (VLBW). *Eur J Paediatr Neurol.* 2015 Mar;19(2):162-9.
 41. Blekken LE, Nakrem S, Vinsnes AG, Norton C, **Mørkved S**, Salvesen Ø, Gjeilo KH. Constipation and laxative use among nursing home patients: prevalence and associations derived from the Resident Assessment Instrument for Long Term Care Facilities (interRai LTCF). *Gastroenterol Res Pract.* 2016;2016:1215746
 42. Blekken LE, Vinsnes AG, Gjeilo KH, Norton C, **Mørkved S**, Salvesen Ø, Nakrem S. Exploring faecal incontinence in nursing home patients: a cross-sectional study of prevalence and associations derived from the Residents Assessment Instrument for Long-Term Care Facilities. *J Adv Nurs.* 2016 Feb 25. doi: 10.1111/jan.12932. [Epub ahead of print]
 43. Volløyhaug I, **Mørkved S**, Salvesen Ø, Salvesen KÅ. Assessment of pelvic floor muscle contraction with palpation, perineometry and transperineal ultrasound: a cross-sectional study. *Ultrasound Obstet Gynecol.* 2016 Jun;47(6):768-73. doi: 10.1002/uog.15731. Epub 2016 May 2.
 44. Lundgren KM, Romundstad LB, von Düring V, **Mørkved S**, Kjætrød S, Moholdt T. Exercise prior to assisted fertilization in overweight and obese women (FertilEX): study protocol for a randomized controlled trial. *Trials.* 2016 Jun 1;17(1):268. doi: 10.1186/s13063-016-1398-x.
 45. Unsgaard-Tøndel M, Vasseljen O, Woodhouse A, **Mørkved S**. Exercises for Women with Persistent Pelvic and Low Back Pain after Pregnancy. *Glob J Health Sci.* 2016 Jan 4;8(9):54311. doi: 10.5539/gjhs.v8n9p107.
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