

**FORMATO EUROPEO  
PER IL CURRICULUM  
VITAE**



**INFORMAZIONI PERSONALI**

Nome	Youri Thijs
Indirizzo	Deinze (Belgio)
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Nazionalità	Belgian
Data di nascita	27 <sup>th</sup> of August 1980; Place of birth: Lommel, Belgium

**ESPERIENZA LAVORATIVA**

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| <ul style="list-style-type: none"> <li>• Date (da – a)</li> <li>• Nome e indirizzo del datore di lavoro</li> <li>• Tipo di azienda o settore</li> <li>• Tipo di impiego</li> <li>• Principali mansioni e responsabilità</li> </ul> | <p><b>10/2015 - present</b></p> <p>Lecturer at the department of podiatry, Artevelde University college Ghent</p> <p>Independent physical therapist</p> <p><b>10/2011 – 9/2015</b></p> <p>Physical therapist and officer at Belgian Defence</p> <p><b>7/2009 – 9/2011</b></p> <p>Postdoctoral researcher, department of Rehabilitation Sciences and Physical Therapy, faculty of Medicine and Health Sciences, Ghent University</p> <p>Physical therapist at the centre of Sports Medicine, Ghent University Hospital</p> <p><b>1/2009 – 6/2009</b></p> <p>Pre-doctoral researcher (Special Research Fund Ghent University), department of Rehabilitation Sciences and Physical Therapy, faculty of Medicine and Health Sciences, Ghent University</p> <p>Physical therapist at the centre of Sports Medicine, Ghent University Hospital</p> <p><b>10/2005 – 12/2008</b></p> <p>Pre-doctoral researcher (Special Research Fund Ghent University), department of Rehabilitation Sciences and Physical Therapy, faculty of Medicine and Health Sciences, Ghent University</p> <p><b>8/2004 – 9/2005</b></p> <p>Physical therapist in physical therapy group practice Maesele, Houthalen, Belgium</p> |
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**ISTRUZIONE E FORMAZIONE**

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| <ul style="list-style-type: none"> <li>• Date (da – a)</li> <li>• Nome e tipo di istituto di istruzione o formazione</li> <li>• Principali materie / abilità professionali oggetto dello studio</li> </ul> | <p><b>2008 – 2009</b></p> <p>Postgraduate Study in Musculoskeletal Physiotherapy (Manual Therapy) at the Institute for Permanent Education in Physical Therapy of the Ghent University.</p> <p><b>2005 – 2009</b></p> <p>Ph.D. in Motor Rehabilitation and Physical Therapy at the</p> |
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- Qualifica conseguita
- Livello nella classificazione nazionale (se pertinente)

Ghent University. (Public defence of Ph.D. on the 25<sup>th</sup> of June 2009)

Title Ph.D. dissertation: Evaluation of variables affecting lower extremity alignment in the aetiology of patellofemoral pain syndrome.

1999 – 2004

M.Sc. in Rehabilitation Sciences and Physical Therapy at the Ghent University. Succeeded with great honor.

Title of Master Thesis: A prospective study on the functional outcome following meniscus transplantation.

## CAPACITÀ E COMPETENZE

### PERSONALI

*Acquisite nel corso della vita e della carriera ma non necessariamente riconosciute da certificati e diplomi ufficiali.*

### PRIMA LINGUA

- Dutch: native language

### ALTRE LINGUE

- Capacità di lettura
- Capacità di scrittura
- Capacità di espressione orale

- English: good knowledge (spoken and written)
- French: basic knowledge (spoken and written)

## CAPACITÀ E COMPETENZE

### RELAZIONALI

*Vivere e lavorare con altre persone, in ambiente multiculturale, occupando posti in cui la comunicazione è importante e in situazioni in cui è essenziale lavorare in squadra (ad es. cultura e sport), ecc.*

## CAPACITÀ E COMPETENZE

### ORGANIZZATIVE

*Ad es. coordinamento e amministrazione di persone, progetti, bilanci; sul posto di lavoro, in attività di volontariato (ad es. cultura e sport), a casa, ecc.*

## CAPACITÀ E COMPETENZE

### TECNICHE

*Con computer, attrezzature specifiche, macchinari, ecc.*

- Good knowledge of Microsoft Word, Excel, Powerpoint
- Good knowledge of SPSS (Statistical Package for Social Sciences)

## ALTRE CAPACITÀ E COMPETENZE

*Competenze non precedentemente indicate.*

- Travelling
- Sports: Recreational running, tennis, skiing

## PATENTE O PATENTI

## ULTERIORI INFORMAZIONI

## PUBLICATIONS

- Thijs Y, Witvrouw E, Evens B, Coorevits P, Almqvist F, Verdonk R. A prospective study on knee proprioception after meniscal allograft transplantation. *Scand J Med Sci Sports* 2007; 17: 223-229. (IF: 2.264)
- Thijs Y, Van Tiggelen D, Willems T, De Clercq D, Witvrouw E. Relationship between hip strength and frontal plane posture of the knee during a forward lunge. *Br J Sports Med* 2007; 41(11): 723-727. (IF: 2.463)
- Thijs Y, Van Tiggelen D, Roosen P, De Clercq D, Witvrouw E. A prospective study on gait related intrinsic risk factors for patellofemoral pain. *Clin J Sports Med* 2007; 17(6): 437-445. (IF: 1.636)
- Thijs Y, De Clercq D, Roosen P, Witvrouw E. Gait-related intrinsic risk factors for patellofemoral pain in novice recreational runners. *Br J Sports Med* 2008; 42(6): 466-471. (IF: 2.463)
- Thijs Y, Vingerhoets G, Pattyn E, Rombaut L, Witvrouw E. Does bracing influence brain activity during knee movement: an fMRI study. *Knee Surgery Sports Traumatology Arthroscopy* 2010; 18: 1145-1149. (IF: 1.674)
- Thijs Y, Pattyn E, Van Tiggelen D, Rombaut L, Witvrouw E. Is hip muscle weakness a predisposing factor for patellofemoral pain in female novice runners: A prospective study. *Am J Sports Med*. 2011. DOI: 10.1177/0363546511407617 (Accepted for publication on 16<sup>th</sup> March 2011). (IF: 3.605)
- Van Ginckel A, Thijs Y, Ghani Zadeh Hesar N, Mahieu N, De Clercq D, Roosen Ph, Witvrouw E. Intrinsic gait-related risk factors for Achilles tendinopathy in novice runners: a prospective study. *Gait and Posture*: 2009; 29(3): 387-391. (IF: 2.743)
- Hesar NGZ, Calders P, Thijs Y, Roosen P, Witvrouw E. The influence of menstrual cycle on ankle proprioception. *Isokinetics and Exerc Science* 2008; 16: 119-123. (IF: 0.221)
- Witvrouw, E; Danneels, L; Thijs, Y; Cambier, D; Bellemans, J. Does soccer participation lead to genu varum? *Knee Surgery Sports Traumatology Arthroscopy*, 2009, 17 (4): 422-427. (IF: 1.696)
- Van Tiggelen D, Coorevits P, Bernard E, Thijs Y, Witvrouw E. The effects of a 6-week patellofemoral bracing on quadriceps muscle function. *Isokinetics and Exercise Science*. Accepted for publication in January 2011, awaiting online publication. DOI: 10.3233/IES20110411
- Rombaut L, Malfait F, De Wandele I, Cools A, Thijs Y, De Paepe A, Calders P. Medication, surgery and physical therapy among patients with the Ehlers-Danlos Syndrome hypermobility type. *Arch Phys Med Rehabil*. Accepted for publication in Jan 2011, awaiting online publication. (IF: 2.184)
- Witvrouw E, Thijs Y. Rehabilitation of the knee after meniscectomy and meniscus repair. In: *The meniscus*. Beaufils and Verdonk (eds). Springer-Verlag Berlin Heidelberg 2010: 147-154. (ISBN 978-3-642-02449-8)
- Thijs Y, Witvrouw E, Evens B, Almqvist F, Verdonk R. Revalidatie van de knie na een meniscustransplantatie. *Jaarboek voor kinesitherapeuten* 2008: 77-86.
- S. De Mits, Y. Thijs, P. Roosen. The relationship between the foot posture index and plantar pressure measurements. In: *Proceedings of the 1<sup>st</sup> international Foot and Ankle Biomechanics community Congress*, 4-6 September 2008, Bologna, Italy, p.74.

## ALLEGATI

I agree to the handling of my personal data (Privacy Law L. 196/03)

Gent, 12/01/2018

  
Youri Thijs (FIRMA)